

Learn more:

www.choosingwisely.org/patient-resources

**Choosing
Wisely**[®]

An initiative of the ABIM Foundation



FOUNDATION[®]



5 QUESTIONS to Ask Your Doctor Before You Get Any Test, Treatment, or Procedure

- 1 Do I really need this test or procedure?
- 2 What are the risks and side effects?
- 3 Are there simpler, safer options?
- 4 What happens if I don't do anything?
- 5 How much does it cost, and will my insurance pay for it?